

HEPATITIS A

Hepatitis A is a highly contagious liver infection caused by the Hepatitis A virus. This disease can range from a mild illness lasting a few weeks to a severe illness lasting several months.

How Is Hepatitis A Spread?

Hepatitis A is spread person to person through fecal-oral route or contaminated food or water.

- Eating or drinking contaminated food or water
- Not washing hands
- Sex with person infected with Hepatitis A
- Recreational drug use
- Close contact with someone infected with Hepatitis A

What Are the Symptoms of Hepatitis A?

- Yellowing of skin and eyes (Jaundice)
 - Nausea
 - Vomiting
 - Diarrhea
 - Fever
 - Fatigue (Tiredness)
- Other symptoms may include:
- Lack of appetite
 - Abdominal pain
 - Dark urine (pee)
 - Pale stool (poop)

If You Have Symptoms of Hepatitis A

Call your healthcare provider or local health department
Do not prepare food for others
Do not attend school or work while ill

How to Prevent the Spread of Hepatitis A

Wash hands with soap and water after using the bathroom and before eating/preparing food
Get vaccinated. Especially if you are at high risk for getting Hepatitis A.
Contact your local health department to find out more about getting vaccinated.

Who Is at Risk for Hepatitis A

Recreational drug users (injection and non-injection)
Homeless or transient people
People with direct contact with someone who has Hepatitis A
Men having sex with men
Those in jail or prison
International travelers

For more information: www.dph.georgia.gov/hepatitis
www.cdc.gov/hepatitis/hav