



Please take this letter and information form to your doctor if you choose to go to a private doctor for testing and treatment. Information must be faxed back to the health department by your doctor.

TB Exposure Follow-up by Private Doctor

Dear Doctor:

This patient has chosen to be evaluated by you due to exposure to a case of active TB. The health department is officially responsible for documentation of surveillance and management of TB and its contacts. We can also provide treatment and services to the patient free of charge. Below are guidelines related to the patient's exposure history.

Testing by the Mantoux method is required and self-reading is not allowed per CDC recommendations. Because this patient is a contact to a person with active TB, a reading of 5 mm or greater is considered positive.

The State also recommends baseline HIV test, hepatitis B and hepatitis C profiles if indicated, CBC with platelets, and liver function panel. These baseline lab measurements are not mandatory for children less than 16 years of age, unless a complicating medical condition (e.g., HIV, liver disease, renal disease, cardiac disease) or lifestyle is known or suspected. If indicated, a pregnancy test is to be done.

Over-all evaluation of patient is recommended at least every month, which includes any symptoms of hepatotoxicity (those considered at risk of hepatotoxicity should have monthly LFTs), Any other symptoms, TB symptoms, and adherence to the regimen. It is strongly recommended that the patient take the entire daily dose of TB medications at one time to prevent inadequate treatment due to possible forgetfulness.

If you have any questions or concerns regarding the patient and the State guidelines, please call us at 706-721-5840. We are requesting that you fax the information form to 706-721-5845.

Thank you for your assistance.

Sincerely,

Yumuriel Whitaker, RN
Richmond County Health Department/
TB Control

YW/jtr

**TB Exposure Private Doctor Follow-up Information must be sent to the health department.
Please fax information to attention of Richmond County TB Nurse at
706-721-5845. For any questions, please contact Richmond County TB Nurse at 706-721-5840.**

Patient's Name _____
Race _____ Sex _____ DOB _____
Telephone number (home) _____ Work _____
Telephone number (cell) _____
Address _____
City _____ State _____

Mantoux Test: read skin test 48 to 72 hours later. Induration, not redness, is to be measured with a millimeter ruler.

If vesicles only are present, the area they cover are to be read in millimeters and documented as a positive with vesicles only.

Test #1: Date placed _____ Date read _____ Results _____ mm

If first test is negative, repeat second skin test 8-10 weeks later.

Test #2 Date placed _____ Date read _____ Results _____ mm

Follow-up medical evaluation

CXR required for positive skin test, TB symptoms both with and without positive skin test, patients with diseases/conditions that suppress the immune system, such as diabetes, cancer, leukemia, kidney disease, gastrectomy, jejunioileal by-pass, HIV, etc

CXR date _____ Normal _____

Abnormal _____

Medical Evaluation Date _____

Diagnosis _____ Case _____ TB suspect _____

Latent TB infection, no TB disease _____

Therapy: Yes _____ No _____

If yes, weight _____

If patient is a TB suspect or case, the Law requires that the local health department be notified at 706-721-5840.

Medications for case and TB suspect status are weight-based as well.

Medication names/doses/frequency

1.

2.

3.

Date medications started _____

Name of physician (Please Print) _____

Address _____

Telephone number _____

Physician's Signature _____ Date _____

